

10/26 poly



AMS Book Fair November 3rd-10th, 2016

Students will be visiting the book fair during their Language Arts classes. Parents may visit during the school day- please get a visitor's pass from the main office.

Hours: Monday-Thursday 8:00 am-2:00 pm & Friday 8:00-10:00 am

Proceeds to benefit the AMS Library



Raffle! Books, pens, erasers and more!
Tickets are \$.50 each or 3 for \$1
Raffle Basket is valued at over \$100!

Schedule:

Thursday 11/3- Olive, Tan & Red teams

Tuesday 11/4- Blue, Brown and Aqua teams

Monday 11/7- Yellow and Orange teams

Wednesday 11/9- Green & white teams

Online book fair

<http://bookfairs.scholastic.com/homepage/amesburymiddleschool>
October 28-November 17

Online orders ship to AMS for free!

The items will be delivered to your child at school approximately 1-2 weeks after the close of the online book fair.

Volunteers needed! Contact Sheila Beach at SheilaJBeach@yahoo.com

Or click on the link below and sign up online.

[SignUpGenius - Mobile](#)

From the Library

October 26, 2016

Thank you to the families that donated to the Gift Book Program in September and October.

The following families made gift book donations to the library in September and October.

Melody Coker donated a book in recognition of the White Team for their encouragement of children through the early teens.

The **Heline Family** recognized **Calvin** who turned 13 on June 28.

The **Heline Family** recognized **Tucker** who will turn 11 on November 1

The **Hagan Family** recognized **Seth** who will turn 12 on November 13

The **Lintner Family** recognized **Ethan** who turned 13 on September 20.

The **Upton Family** recognized **Meryn** who will turn 12 on November 21.

The **Welling Family** recognized **Natalie** who turned 11 on October 21.

***The Scholastic Book Fair is Coming to AMS!
November 3-10
It will be held in the Library from 8-2 daily***

Orders may be placed online

Visit <http://www.scholastic.com/bf/amesburymiddleschool>



Lori Byman, Library Media Specialist bymanl@amesburyma.gov

Amesbury Middle School

Drama Club



Informational Meeting

November 16, 2016

2:30-3:00

In the Performance Center

Anyone interested in being in the show or behind the scene support please attend the meeting. We will be going over important dates for the upcoming show and talking about the musical we will be doing. So if you want to be a part of AMS Drama club please come to the meeting.

Hope to see you there!!!

AMESBURY MIDDLE SCHOOL SKI & SNOWBOARD CLUB

FINAL WEEK TO SIGN UP!

REGISTRATION WITH PAYMENT IS DUE

WEDNESDAY, NOVEMBER 2ND

This club runs on Mondays at Ski Bradford

January: 9, 23 & 30 February: 6, 13 & 27

(It will not be held on MLK Day or February break. If we have a snow day it will be made up at end.)

Registration paperwork is available in the office

PRICES FOR THE SIX-SESSION PROGRAM

Lift ticket ONLY & Bus	\$195
Lift Ticket, Bus & Weekly Lesson	\$265
Lift Ticket, Bus & Equipment Rental	\$305
Lift Ticket, Bus, Weekly Lesson & Equipment Rental	\$375
Helmet rental for 6 weeks	\$30

Checks should be payable to: Amesbury Middle School

PLEASE NOTE A SEPARATE CHECK IS REQUIRED IF YOU HAVE NOT PREVIOUSLY PAID:

School co-curricular fee \$50.00

Checks for co-curricular fee should be payable to: Amesbury Public Schools

STUDENT SCHEDULE ON A SKI/SNOWBOARD CLUB DAY

Equipment drop 6:30-7:15 at top of Childs Avenue near loading dock

Students will be dismissed at 2pm & bus leaves by 2:20

Students head to bus at 5:45 and will arrive back at AMS around 6:30

Please contact Lara Heline with questions at Lheline@yahoo.com

AMESBURY PAG SPIRIT WEAR

NEW DEADLINE: WEDNESDAY, NOVEMBER 9th

Makes great holiday gifts! We will have samples out during some lunches, in the main office and at the movie night.

Student: _____ Parent: _____

School/Grade/Homeroom Teacher: _____

Contact Info (phone/email): _____

Please choose desired quantity, size & logo in boxes below.

ITEM	Y-S	Y-M	Y-L	Y-XL	A-XS	A-S	A-M	A-L	A-XL	PLEASE CIRCLE FRONT LOGO CHOICE 2 OPTIONS	EXTRA COST: Large "A" on back \$5	TOTAL COST
Printed Knit Wicking Shirt LADIES \$16	N/A	N/A	N/A	N/A						AMESBURY AMS AMESBURY		
Printed Knit Wicking Shirt MEN \$16	N/A	N/A	N/A	N/A	N/A					AMESBURY AMS AMESBURY		\$
Printed Knit Wicking Shirt GIRLS \$16				N/A	N/A	N/A	N/A	N/A	N/A	AMESBURY AMS AMESBURY		\$
Printed Knit Wicking Shirt BOYS \$16				N/A	N/A	N/A	N/A	N/A	N/A	AMESBURY AMS AMESBURY		\$
Performance Adult Sweatshirt \$40 Red & Gray	N/A	N/A	N/A	N/A						AMESBURY AMS AMESBURY		\$
Classic Gray Hooded Sweatshirt \$25										AMESBURY AMS AMESBURY		\$

Knit Hat w/pom-pom	Qty.	\$20
with embroidered A Amesbury		
Cinch Sak drawstring bag	Qty.	\$15
with Amesbury embroidered logo		

Black & Red Bolt Crew Socks \$15 Qty:	Shoe Size Up To 3 (Youth)	Shoe Size 4-8 (Intermediate)	Shoe Size 9 + (Adult)
A and Amesbury on back	\$	\$	\$

Black & Red Plaid Flannel Pants \$25	Youth Small	Youth Med	Youth Large	Adult Small	Adult Med	Adult Large	TOTAL COST
Amesbury down thigh							\$

Please make checks payable to: AMS - PAG Total Payment Enclosed: \$ _____

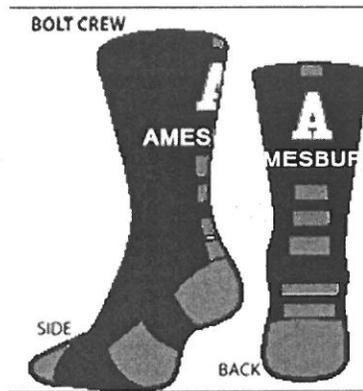
Place order form and payment into envelope marked "Spirit Wear-PAG" and return to the office.

Contact: Lara Heline Lheline@yahoo.com or MaryJane Dwyer maryjanedwyer@icloud.com

Processing takes 3 weeks

Pick-up will be at Amesbury Sport

AMESBURY PAG SPIRIT WEAR



Contact: Lara Heline Lheline@yahoo.com or MaryJane Dwyer maryjanedwyer@icloud.com
Processing takes 3 weeks Pick-up will be at Amesbury Sport

Dear Parent and/or Guardian of Grade 8 Students,

It's time to think about High School for your student and there is a lot to be excited for given the opportunities available to grade 8 students:

1. Amesbury High School has many options to consider during their high school years in their home community. There are college prep, honors and Advanced Placement classes as well as an opportunity to be considered for their Early College program taught cooperatively with instructors from Northern Essex Community College.
2. Essex Agricultural and Technical High School is now part of a larger vocational technical high school named Essex Technical High School. Our students may still apply for admission to the vocational-agricultural cluster which focuses on Animal, Plant and Environmental Sciences.
3. Whittier Regional Vocational and Technical High School has many skilled career tracks for high school students.
4. Private and parochial high schools are also a personal option which involve tuition for parents.

There is a process with these opportunities and DEADLINES for students, parents, and counselors to meet. During the school year students have an opportunity to visit the Whittier campus with their classmates on November 15th. Additionally both of our region's public vocational schools will highlight their programs during their open house events: Whittier on November 6th from 1 – 4 in the afternoon and Essex Tech on November 19th from 9 – 12 in the morning. Applications will be available in the Guidance Office in the late fall.

Private and parochial school applications are the responsibility of the applicant and their family. Please contact/check the respective schools' websites which interest you for an application packet as well as information regarding each schools specific admissions process.

Students will be required to personally ask teachers for recommendations once they have their application. Please supply each teacher with a stamped, addressed envelope for each recommendation required. It is also recommended that students send thank you notes to teachers who have written recommendations for them.

All schools have deadlines. Please be aware of the admissions requirements and time frames for each school you intend to apply to and ask for recommendations in a timely manner. A checklist is found on the back of this letter for your convenience. Please contact your child's Guidance Counselor, with any questions.

PERMISSION SLIP
(If student is under the age of eighteen (18))

1. I, _____ give permission for _____
Print Parent/Guardian Name A Minor Child (student's name)

to participate in the following voluntary field trip activity of the Amesbury Public Schools to:

Whittier Reg. Voc. Tech. HS – Haverhill, Ma. , on November 15, 2016
(location of trip) (date of trip)

2. Chaperone to student ratio 1:12 Cost of trip 0
(for field trips only)

3. I hereby represent that I am the custodial parent and/or guardian of _____,
and have full legal authority to execute this Permission Slip on behalf of the minor child, on my own behalf,
and on behalf of my family as a parent and/or guardian of the minor child.

I hereby acknowledge that I have had full opportunity to read and review this Permission Slip and understand its contents. I execute this Permission Slip voluntarily.

Parent/Guardian: _____ Date: _____ Return form to: Hmrm teacher will deliver to Ms. Scott
(signature) (teacher in charge of trip)

MEDICAL CONSENT FORM

Student's Last Name _____ First Name _____ MI _____

Home Address _____ Zip Code _____
Street City State

Tele. No. _____ Date of Birth _____ Grade _____

Personal Physician's Name: _____ Tele. No.: _____

Allergies to Medication: _____

Regular Medications Taken: _____

To Whom It May Concern:

When, for my son/daughter, _____, medical care and treatment, including a minor surgical procedure is recommended by the attending physician, I give permission for the carrying out of such treatment. It is understood that I will be contacted if serious illness or major surgery must be conducted.

Signature(s) Parent(s) or Guardian(s) _____ Date _____

IN CASE OF EMERGENCY CALL:

Name _____ Tele. no. _____ Relationship _____

Amesbury Middle School Menu - November 2016



Favorite Comfort Foods & International Flavors Served Your Way



Cold Fruit & Vegetable Bar Offered Daily

- Monday**
- Tossed Garden Salad
- Kidney Bean Salad
- Fresh Carrot Sticks
- Chilled Peaches
- Fresh Seasonal Fruit
- Tuesday**
- Classic Caesar Salad
- Garbanzo Bean Salad
- Broccoli Florets
- Chilled Applesauce
- Fresh Seasonal Fruit
- Wednesday**
- Tossed Garden Salad
- Homemade Potato Salad
- Sweet Corn Salad
- Chilled Fruit Cocktail
- Fresh Seasonal Fruit
- Thursday**
- Classic Caesar Salad
- Dried Cranberries
- Kidney Bean Salad
- Pasta Salad
- Fresh Seasonal Fruit
- Friday**
- Tossed Garden Salad
- Kidney Bean Salad
- Fresh Carrot Sticks
- Chilled Peaches

	1	2	3	4
	Chicken Parm Sub: Chicken Tenders with Mozzarella Cheese and Tomato Sauce on a Sub Roll w/ Oven Fries and Steamed Spinach	Double Dog Day!!!! Two Hot Dogs on a Bun w/ BBQ Baked Beans and Homemade Pasta Salad	Grilled to order!!!! Chicken Caesar Salad Tender Chicken Strips on a bed of Mixed Greens with choice of Fresh Veggie Toppings, Parmesan Cheese, Croutons and a Warm Garlic Breadstick	Italian Pasta Bowl: Spaghetti and Meat Sauce with Seasoned Green Beans and Whole Wheat Dinner Roll
7	Cheesy Baked Buffalo Chicken Macaroni and Cheese w/ Seasoned Broccoli and Whole Wheat Dinner Roll	Professional Day Schools Closed	Turkey BLT on Bulky: Turkey with Bacon, Lettuce and Tomato on a Bulky Roll with Oven Baked Potato Wedges and Mixed Vegetables	11 Veteran's Day  Schools Closed
14	Breakfast @ Lunch: Pork Sausage Patties with Pancakes, Potato Puffs and Syrup	15 Tex Mex Nacho Bowl: Crunchy Tortilla Chips w/Spicy Beef and Cheddar Cheese Sauce, Mexican Rice and Beans, Corn and Salsa	16 Toasted Cheese Sandwich: on Whole Wheat Bread with Tomato Soup and Celery and Carrot Sticks	17 Cooked To Order: Philly Cheese Steak Sub w/ Peppers, Onions and Provolone Cheese served w/ Spicy Oven Fries and Honey Glazed Carrots
21	18 Appetizer Platter: Breaded Chicken Tender with Cheese Filled Breadstick, Marinara Sauce, Oven Baked Fries & Celery and Carrot Sticks w/ Low Fat Dip	21 Fajitas!!!! Fajita Chicken in Soft Wheat Tortilla w/ Peppers, Onions, Cheddar Cheese, Salsa, Seasoned Brown Rice and Mexicali Corn	22 Free Dessert Today!!! Italian Meatball Sub with Green Beans and Oven Baked Fries	23 Early Release Today Breakfast Service Only!!
28	24 Thanksgiving 	25 	28 Chicken Nuggets!!!! Chicken Nuggets, Mashed Potatoes with Gravy and Seasoned Carrots Whole Wheat Dinner Roll	29 Breakfast @ Lunch: Pork Sausage Patties with Whole Grain French Toast Sticks, Hash Brown Patty and Warm Syrup
	30 Turkey Tacos!!!!!! Seasoned Turkey in two soft taco shells with Shredded Lettuce, Cheese, Mexican Rice, Refried Beans and Salsa	Free Dessert Day!!! Tuesday, 11/22 Hot Apple Crisp w/ Whip Topping with purchase of a Reimbursable Meal	Thanksgiving 	

A full student lunch includes choice of entrée, TWO vegetable/fruit side dishes, and milk.
Daily milk choices include skim white, 1% white, and Skim chocolate. Fresh Fruits such as Bananas, Oranges, Apples and Pears available daily

 Menu item is made w/ fresh locally grown produce (actual items will vary depending on local seasonal availability)

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program.



Classic Cheese Pizza
Made w/ Reduced Fat Cheese - Fresh Baked Daily

Specials:
Monday: Pepperoni Pizza
Tuesday: Meatlover's Pizza
Wednesday: Buffalo Chicken Calzone
Thursday: Sausage Pizza
Friday: Cheese Bread Sticks w/ Dipping Sauce
Two Hot Vegetables available daily



Lean Beef Burgers w/ Cheese & Breaded Chicken Sandwiches Available Daily

Specials:
Monday: Ham & Cheese Panini
Tuesday: Buffalo Chicken on a Bun
Wednesday: Grilled Cheese w/ Bacon Panini
Thursday: Monte Cristo Panini (Turkey, Ham, Cheese)
Friday: BBQ Rib Sandwich on WW Bun
Two Hot Vegetables available daily



Fresh Food Fast-Packaged for Grab N' Go (Salads offered with 2 whole wheat dinner rolls)

Monday: Popcorn Chicken Salad or Turkey & Cheese on Wheat Wrap
Tuesday: Buffalo chicken Salad or Chicken Salad Sub
Wednesday: Crunchy Chicken Caesar Salad or Ham & Cheese Wrap
Thursday: Deli Chef Salad or Chicken Salad Wrap
Friday: Crunchy Buffalo Chix Salad or Italian Cold Cut Sub
Sun Butter & Fluff or Jelly on Whole Wheat available daily

Any questions please call:
Kevin Kish
Director of Dining Services
978-388-4800 x4339

Prices
Reduced \$0.40
Paid \$3.00
Adult \$3.75

November 2016
Breakfast Menu



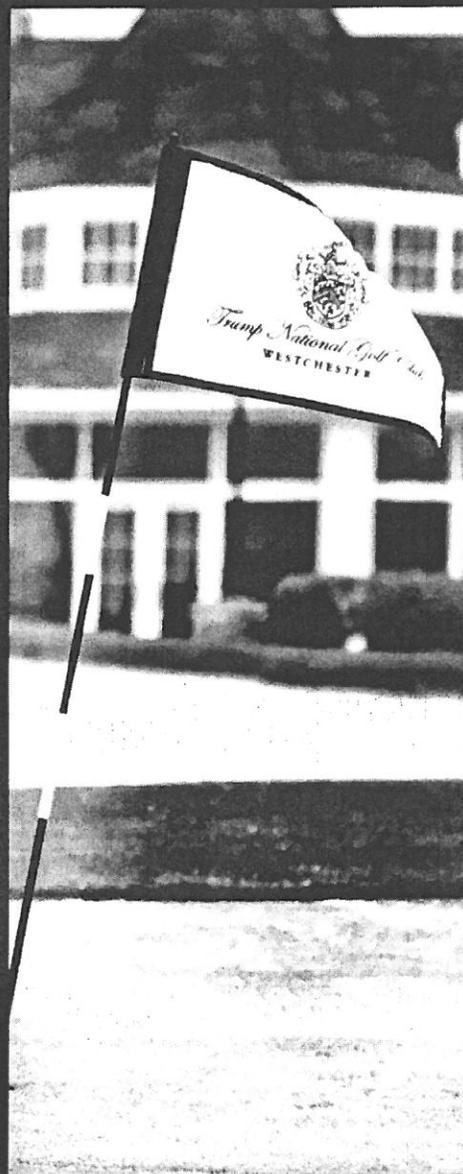
Monday	Tuesday	Wednesday	Thursday	Friday
	1 Sausage, Egg & Cheese on an English Muffin Chilled Fruit Assorted 100% Juice	2 Pancakes w/Syrup Chilled Fruit Assorted 100% Juice	3 Yogurt w/ Choice of Cereal Chilled Fruit Assorted 100% Juice	4 Assorted Muffin w/Mozzarella Cheese Stick Chilled Fruit Assorted 100% Juice
7 Bagel w/Cream Cheese Chilled Fruit Assorted 100% Juice	8 Professional Development Schools closed	9 Ham, Egg & Cheese on an English Muffin Chilled Fruit Assorted 100% Juice	10 Yogurt w/ Choice of Cereal Chilled Fruit Assorted 100% Juice	11 Veteran's Day Schools Closed Today
14 Bagel w/Cream Cheese Chilled Fruit Assorted 100% Juice	15 Sausage, Egg & Cheese on an English Muffin Chilled Fruit Assorted 100% Juice	16 Pancakes w/Syrup Chilled Fruit Assorted 100% Juice	17 Yogurt w/ Choice of Cereal Chilled Fruit Assorted 100% Juice	18 Assorted Muffin w/Mozzarella Cheese Stick Chilled Fruit Assorted 100% Juice
21 Bagel w/Cream Cheese Chilled Fruit Assorted 100% Juice	22 Ham, Egg & Cheese on a Biscuit Chilled Fruit Assorted 100% Juice	23 Mini Cinni French Toast Chilled Fruit Assorted 100% Juice	24 Thanksgiving	25 
28 Bagel w/Cream Cheese Chilled Fruit Assorted 100% Juice	29 Sausage, Egg & Cheese on an English Muffin Chilled Fruit Assorted 100% Juice	30 Pancakes w/Syrup Chilled Fruit Assorted 100% Juice		

This institution is an equal opportunity provider and employer



Alternate Breakfast Available Daily
Cereal Bowl & Mozzarella Cheese Stick
 We offer a variety of kid-friendly cereal choices. All cereal is whole grain.
 Offered w/ Featured Fruit or Juice Sides
 AND Choice of Skim, 1% or Fat Free Flavored Milk
 *All grain items made with whole grain

A full student breakfast includes a choice of entrée, fruit/vegetable side dishes, and a choice of milk. Milk choices include 1% white, skim white, skim chocolate
 Questions?
 Please call Kevin Kish @
 978-388-4800
 X4339



Golf Foursome & Overnight Accommodations Raffle

Drawing to take place on November 18, 2016 at the Powder Puff Football Game Half-Time.



Only 200 Tickets Available!

\$30 per ticket!

Please contact walshk@amesburyma.gov to arrange for ticket purchase.

Some restrictions apply.

Prize may not be resold in any manner.



AMESBURY SEPAC
(Special Education Parent Advisory Council)

**SENSORY FRIENDLY
FALL FAMILY DANCE**

Friday, October 28

6:30 to 8:30 PM

Amesbury Middle School Cafeteria

Family and Friends Welcome

COSTUMES ENCOURAGED

Contact Andrea Chase with questions at asabia1996@my.fit.edu

**SPECIAL EDUCATION
BASIC RIGHTS WORKSHOP**

**With Melissa Sessions from
THE FEDERATION FOR CHILDREN
WITH SPECIAL NEEDS**

**Come get a better understanding of
the complicated special education
laws and procedures that protect
your child's rights.**

**Sponsored by
AMESBURY SEPAC**

**Wednesday, November 16
6:00 PM
Amesbury High School Library**

**Brief SEPAC Business Meeting
Following Workshop**

Contact Mary Jepson with questions at mjwelch63@comcast.net