

8/31 poly

Dear Parents/Guardians,

Today was the first day of school for students, staff and administration at the Amesbury Middle School. The day was a great success. It is always a wonderful sight to see both students and teachers back as they embark on another exciting new year. As I walked throughout the building I saw both teachers and students happily traveling around the school and enjoying their time in classrooms. During lunch it was nice to see students connect with friends.

Students spent the day within their assigned teams with their teachers and learning about expectations and routines within their teams. In addition, students also met some of their EAST teachers to learn about the expectations and routines that they will need to know in these classes as well. This time over the first few days of school is spent getting students comfortable within their new grade and in some cases a new school.

Amesbury Middle School looks forward to another exciting school year working with your students. We hope that students take advantage of not only the learning opportunities the teachers will provide over the course of the school year, but also the many clubs and activities that are offered. Information about sign-ups for clubs and activities will happen around the third and fourth week of September.

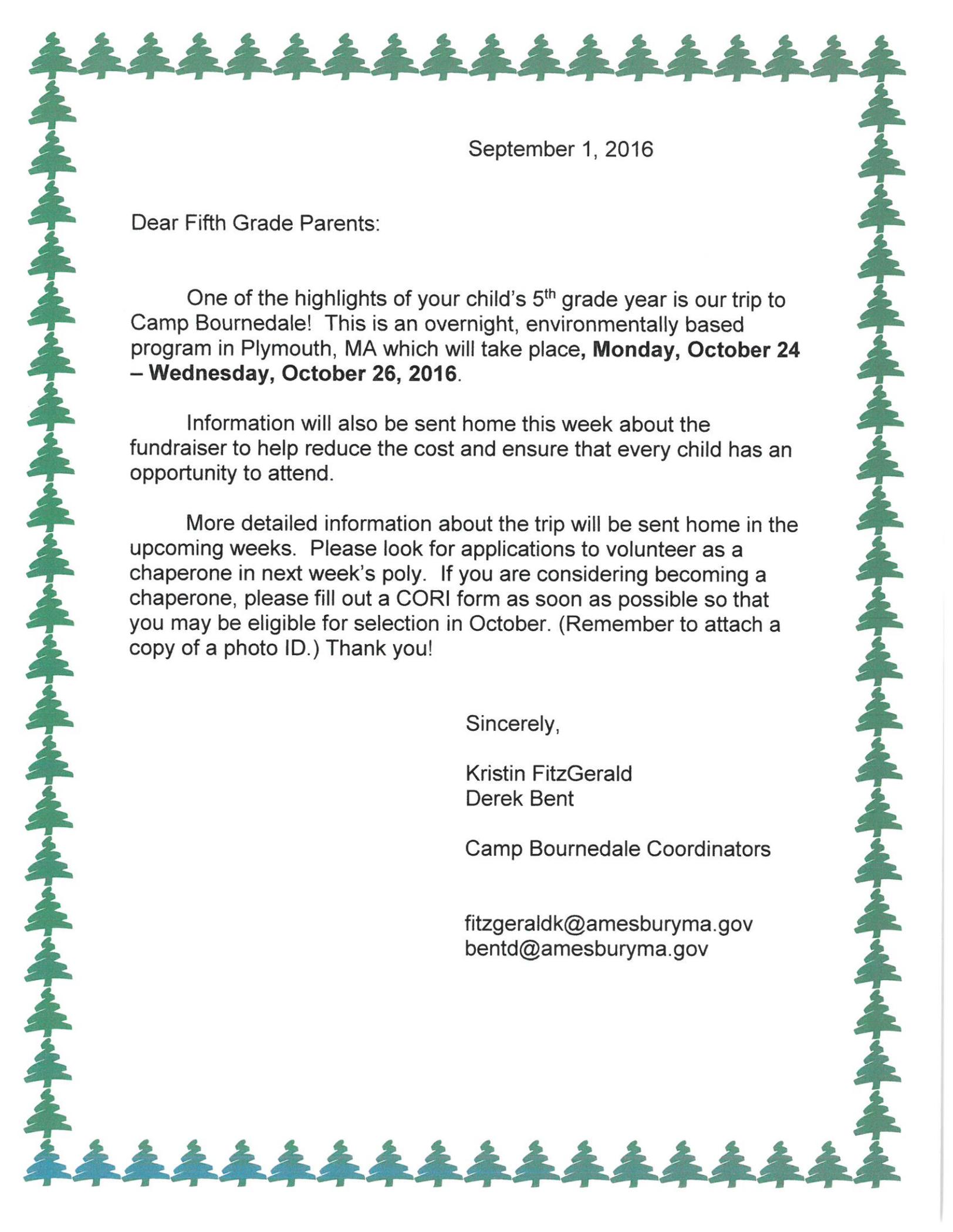
We appreciate your continued support of the Amesbury Middle School and look forward to re-establishing our strong partnerships with families and the Amesbury community for the 2016-2017 school year. I look forward to seeing parents/guardians at our Fall Orientation Evening on Tuesday, September 27, 2016 from 6:30 p.m. – 8:30 p.m.

Sincerely,

Michael Curry  
AMS Principal

#### IMPORTANT DATES

- |                 |                                                                                        |
|-----------------|----------------------------------------------------------------------------------------|
| <u>Sept. 2</u>  | No School                                                                              |
| <u>Sept. 5</u>  | No School – Labor Day                                                                  |
| <u>Sept. 14</u> | 5 <sup>th</sup> Grade Band/Chorus Information Meeting 6:00 p.m. AMS Performance Center |
| <u>Sept. 23</u> | School Picture day                                                                     |
| <u>Sept. 27</u> | Parent/Guardian Orientation Night 6:30p.m. – 8:30 p.m.                                 |



September 1, 2016

Dear Fifth Grade Parents:

One of the highlights of your child's 5<sup>th</sup> grade year is our trip to Camp Bournedale! This is an overnight, environmentally based program in Plymouth, MA which will take place, **Monday, October 24 – Wednesday, October 26, 2016.**

Information will also be sent home this week about the fundraiser to help reduce the cost and ensure that every child has an opportunity to attend.

More detailed information about the trip will be sent home in the upcoming weeks. Please look for applications to volunteer as a chaperone in next week's poly. If you are considering becoming a chaperone, please fill out a CORI form as soon as possible so that you may be eligible for selection in October. (Remember to attach a copy of a photo ID.) Thank you!

Sincerely,

Kristin FitzGerald  
Derek Bent

Camp Bournedale Coordinators

[fitzgeraldk@amesburyma.gov](mailto:fitzgeraldk@amesburyma.gov)  
[bentd@amesburyma.gov](mailto:bentd@amesburyma.gov)



# Amesbury Middle School

Main Street · Amesbury, MA 01913 · 978-388-0515 · Fax: 978-388-1626

Michael Curry  
Principal

Steve O'Connor  
Assistant Principal

Kathy Randall  
Assistant Principal

August 31, 2016

Dear Parents(s)/Guardian(s):

As your child's School Nurse, I would like to familiarize you with some of our health policies and procedures.

1. **ILLNESS/INJURIES** – I will be on duty during the school day to provide care and assistance for any accidents, illness or injuries that occur during the school day. Accidents and injuries, which occur at home and are not related to school arrival or departure should be evaluated by your child's Healthcare Provider. In case of illness or injury to your child, where treatment other than first aid is required, I will try to notify you by telephone. If I am unable to reach you in a timely manner, I will call whomever you have designated on your child's Emergency Card. You need to make provisions with a relative, friend or neighbor in the event that you cannot be reached. This should be noted in the space provided on the emergency card. Depending on the severity of the problem, your child's physician or the school doctor may be called in your absence. Please be sure to update your child's emergency information as changes occur.
2. **EMERGENCY CARD** – Please be sure **both** the Student Health Information Card and the Contact Verification Form are filled out completely each school year even if the information has not changed from the previous school year. In order for your child to receive acetaminophen (Tylenol) or ibuprofen (Motrin/Advil) you need to sign the Student Health Information Card (Emergency Card).
3. **PHYSICAL EDUCATION** – If your child is unable to participate in physical education on a particular day, he/she will be excused only if he/she brings in a note from you. To be excused for an extended period of time, a physician's note is required. For your convenience, your child's physician may fax a note to the school at 978-388-1626.
4. **PHYSICAL EXAMINATION** – Physical examinations are required for all 7<sup>th</sup> grade students, transfer students and children with special needs. If you have had or plan to have the examination done by your child's Healthcare Provider, please send me a copy of the examination, which includes an update of immunizations.
5. **STATE MANDATED HEALTH SCREENING** – Children in grade 5 will be given a vision test. Children in grade 7 will be given hearing and vision tests. Children in grades 5-8 will be given height, weight and postural screenings. You will be notified in writing if your child fails the screening. Should you have any questions or concerns about state mandated school health screening, please feel free to call me.
6. **PRESCRIPTION MEDICATIONS** – If a student needs to have medication during the school day, please do not hesitate to contact me. Massachusetts State law and the Amesbury School Department prohibits students from taking any drugs on school property without prior permission of the School Nurse. The following regulations apply to all medication/drugs required for students during the school day.
  - a. All medications must be stored in the Health Office. The only exceptions to this are hand held metered dose inhalers and emergency epinephrine, which on the recommendation of your child's physician, your approval and the permission of the School Nurse, may be carried by the student in school for use as needed.
  - b. All prescription medicine must come in a container with the official prescription label on it. Ask your pharmacist to give you a second bottle or package so that the medicine can be divided between home and school. Inhalers need to have the official prescription label on the plastic dose meter. All prescription medications require written permission signed by the prescribing Healthcare Provider and by the parent/legal guardian. Please do not bring in more than one month's supply of medication. The school requires that all controlled substances be brought to the Health Office by the parent/guardian. If this creates a serious problem, please call me to make other arrangements. At no time will the school release controlled drugs to the student to take home.
7. **OVER THE COUNTER MEDICATIONS** – The Health Office **does not** stock cold and allergy meds or cough drops. In order for your child to use cough drops in school, he/she will need his/her own supply and a note from you. All over the counter medication must be kept in the Health Office. It must be in the original package, labeled with the child's name, the time medication is due, and any special instructions and written parental permission. The Health Office has other treatments, such as antibiotic ointment for wound care, Caladryl lotion for minor skin irritation and chewable antacid for stomach discomfort.

8. IMMUNIZATIONS – effective September 1, 2011 a child entering Grade 7 in Massachusetts will require the following immunizations:
  - Two (2) dose of Varicella Vaccine or Physician Certified reliable history of chicken pox disease
  - Three (3) doses of Hepatitis B vaccine
  - One (1) Tdap (tetanus/diphtheria/pertussis) booster (if it is more than 5 years since the last dose)
  - 2<sup>nd</sup> Measles vaccine provided the 1<sup>st</sup> dose of MMR was given after the 1<sup>st</sup> birthday Measles vaccine may be given in combination form as MMR.
9. HEALTH INSURANCE – No one in Massachusetts needs to be without health insurance. If your child is currently without health insurance, please call the Pettengill House/The Community Social Service Agency of greater Salisbury at 978-463-8801. They will provide assistance completing the application to obtain health care for your child.
10. STUDENT HEALTH RECORDS – The State Department of Education requires all students have an up to date health record maintained by the School Nurse. In order to do this I need your help. Please send me a note from your child's Healthcare Provider detailing any immunizations your child has received and any changes in your child's health status as they occur.
11. HEAD LICE – Please check your child's head throughout the school year as a preventive measure. If you need any assistance, please call me.

I am here to help you and your child have a healthy and safe school year. The health office is very busy during the day. Email is my preferred method of communication and I can be reached at [oneillr@amesburyma.gov](mailto:oneillr@amesburyma.gov) to answer any questions you may have. If you must call, I can be reached at 978-388-0515, ext. 1510 (7:40 AM – 2:40 PM) or voicemail extension 1510 (after 3:30 PM).

Sincerely,



Rita O'Neill, R.N., B.S.N., N.C.S.N.  
School Nurse



# **5<sup>th</sup> Grade Lunch Information**

The following is some information for the parents/guardians of 5<sup>th</sup> grade students to help make their lunch experience more enjoyable:

Lunch number is the same as it was in 4<sup>th</sup> grade

Money can be added to their lunch account either in the cafeteria (cash or check) or on-line via the Amesbury Middle School website and then by clicking on Lunch Menus and follow the instructions.

Lunch price is \$3.00 at the Middle School. Children are able to purchase a second meal for \$3.00 or an ala carte slice of pizza for \$1.50 if they have money on their account or cash on-hand. This applies to free or reduced students also.

Milk can be purchased for .50

At the Middle School there is a snack room where students can purchase water, juice, snacks, ice cream and the occasional cookie or pretzel. The snack room accepts cash and students are able to use the money on their lunch accounts if they have a note from a parent/guardian that allows them to do so. The student brings in a note and the cafeteria staff will have the message attached to the students account. If there is a negative balance on account the student is NOT allowed to purchase in the snack room.

There is NO charging in the snack room.

There is no charging of breakfast or milk.

If you need help with your account you can call the AMS Cafeteria.

Thank You

AMS Dining Services Staff

September 2016  
Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	30 No School Today Professional Development	31 Pancakes w/Syrup Chilled Fruit Assorted 100% Juice	1 Yogurt w/ Choice of Cereal Chilled Fruit Assorted 100% Juice	2 No School Today
5 Labor Day Schools Closed	6 Ham, Egg & Cheese on a English Muffin Chilled Fruit Assorted 100% Juice	7 Mini Cinni French Toast Chilled Fruit Assorted 100% Juice	8 Yogurt w/ Choice of Cereal Chilled Fruit Assorted 100% Juice	9 Assorted Muffin w/Mozzarella Cheese Stick Chilled Fruit Assorted 100% Juice
12 Bagel w/Cream Cheese Chilled Fruit Assorted 100% Juice	13 Ham, Egg & Cheese on a English Muffin Chilled Fruit Assorted 100% Juice	14 Pancakes w/Syrup Chilled Fruit Assorted 100% Juice	15 Yogurt w/ Choice of Cereal Chilled Fruit Assorted 100% Juice	16 Assorted Muffin w/Mozzarella Cheese Stick Chilled Fruit Assorted 100% Juice
19 Bagel w/Cream Cheese Chilled Fruit Assorted 100% Juice	20 Ham, Egg & Cheese on a Biscuit Chilled Fruit Assorted 100% Juice	21 Mini Cinni French Toast Chilled Fruit Assorted 100% Juice	22 Yogurt w/ Choice of Cereal Chilled Fruit Assorted 100% Juice	23 Assorted Muffin w/Mozzarella Cheese Stick Chilled Fruit Assorted 100% Juice
26 Bagel w/Cream Cheese Chilled Fruit Assorted 100% Juice	27 Ham, Egg & Cheese on a English Muffin Chilled Fruit Assorted 100% Juice	28 Pancakes w/Syrup Chilled Fruit Assorted 100% Juice	29 Yogurt w/ Choice of Cereal Chilled Fruit Assorted 100% Juice	30 Assorted Muffin w/Mozzarella Cheese Stick Chilled Fruit Assorted 100% Juice

This institution is an equal opportunity provider and employer



**Alternate Breakfast Available Daily**

**Cereal Bowl & Mozzarella Cheese Stick**

We offer a variety of kid-friendly cereal choices. All cereal is whole grain.

Offered w/ Featured Fruit or Juice Sides  
AND Choice of Skim, 1% or Fat Free Flavored Milk

\*All grain items made with whole grain

A full student breakfast includes a choice of entrée, fruit/vegetable side dishes, and a choice of milk. Milk choices include 1% white, skim white, skim chocolate

Questions?  
Please call Kevin Kish @  
978-388-4800  
X4339

# Amesbury Middle School Menu – September 2016



**Favorite Comfort Foods & International Flavors Served Your Way**



**Cold Fruit & Vegetable Bar Offered Daily**

- Monday**
- Tossed Garden Salad
- Sweet Corn Salad
- Broccoli Florets
- Chilled Peaches
- ☞ Fresh Seasonal Fruit
- Tuesday**
- Classic Caesar Salad
- Sweet Dried Cranberries
- ☞ Marinated Cucumber & Tomato Salad
- Chilled Applesauce
- ☞ Fresh Seasonal Fruit
- Wednesday**
- Tossed Garden Salad
- Vegetable Pasta Salad
- Sweet Corn Salad
- Chilled Fruit Cocktail
- ☞ Fresh Seasonal Fruit
- Thursday**
- Classic Caesar Salad
- Kidney Bean Salad
- ☞ Fresh Cucumber Slices
- ☞ Chilled Peaches
- Friday**
- Tossed Garden Salad
- Kidney Bean Salad
- Vegetable Pasta Salad
- Fresh Carrot Sticks
- Chilled Pears

		31	1	2
		<b>Breakfast @ Lunch:</b> Pork Sausage Patties with Whole Grain French Toast Sticks, Hash Brown Patty and Warm Syrup	<b>Spicy Turkey Nachos:</b> with Cheese Sauce, Lettuce, Tomatoes, Salsa, Mexicali Corn and Brown Fiesta Rice	No School Today
5	6	7	8	9
No School Today Labor Day	<b>Popcorn Chicken Bowl:</b> Popcorn Chicken with Mashed Potatoes & Gravy, Corn, Cranberry Sauce and a Wheat Roll	<b>Toasted Cheese Sandwich:</b> on Whole Wheat Bread with Oven Fries and Celery and Carrot Sticks	<b>Made to order!!!! Chicken Caesar Salad</b> Tender Grilled Chicken Strips on a bed of Mixed Greens with choice of Fresh Veggie Toppings, Parmesan Cheese, Croutons and a Warm Cheese Filled Breadstick	<b>Italian Meatball Sub:</b> with Oven Baked Fries and Seasoned Green Beans
12	13	14	15	16
<b>Italian Pasta Bowl:</b> Whole Wheat Pasta with Meat Sauce, Seasoned Green Peas and Whole Wheat Bread Stick	<b>Turkey Club on Bulky:</b> Turkey with Bacon, Lettuce and Tomato on a Bulky Roll with Oven Baked Potato Wedges and Mixed Vegetables	<b>Cheesy Baked Buffalo Chicken Macaroni and Cheese</b> w/ Seasoned Broccoli and Whole Wheat Dinner Roll	<b>Turkey Tacos:</b> Seasoned Turkey on Two Soft Tortillas w/ Lettuce, Shredded Cheese and Salsa. Served with Mexican Corn and Brown Rice	<b>Chicken Parm Bulky:</b> Breaded Chicken Fritter with Tomato Sauce and Mozzarella Cheese on a Bulky Roll with Oven Baked Potato Wedges and Mixed Vegetables
19	20	21	22	23
<b>Chicken Nuggets!!!!</b> Chicken Nuggets, Creamy Mashed Potatoes, Seasoned Corn Whole Wheat Dinner Roll	<b>Double Dog Day!!!!</b> Two Hot Dogs on a Bun w/ Oven Baked Fries and Homemade Coleslaw	<b>Breakfast @ Lunch:</b> Crunchy Waffles, Pork Sausage Links, Hash Brown Potato Patty, Syrup	<b>Made to order!!!! Sunburst Chicken Salad Bowl:</b> Mixed Greens topped w/ Grilled Chicken and your choice of Mandarin Orange Slices, Diced Peppers, Dried Cranberries, Sliced Celery, Croutons and Parmesan Cheese w/Breadstick	<b>Pork Rib Sandwich:</b> BBQ Pork Riblet on a Bun w/ Oven Fries, Coleslaw and Corn Cobbett
26	27	28	29	30
<b>Fajitas!!!!</b> Fajita Chicken in Soft Wheat Tortilla w/ Peppers, Onions, Cheddar Cheese, Salsa, Seasoned Brown Rice and Mexican Corn	<b>Grandma's Famous Chicken Pot Pie:</b> Diced White Chicken in a Creamy Chicken Sauce with Mixed Vegetables served over a Biscuit w/ Mashed Potatoes and Cranberry Sauce	<b>Italian Pasta Bowl:</b> Whole Wheat Pasta with Meatballs, Seasoned Spinach and Whole Wheat Bread Stick	<b>Chicken Broccoli Penne:</b> Diced White Chicken in Alfredo Sauce with Broccoli and Penne Pasta. Served with a Warm Garlic Breadstick	<b>Grilled to order!!!! Philly Cheesesteak Sub:</b> Served with Peppers, Onions and Oven Baked Potato Wedges

A full student lunch includes choice of entrée, TWO vegetable/fruit side dishes, and milk.  
Daily milk choices include skim white, 1% white, and Skim chocolate. Fresh Fruits such as Bananas, Oranges, Apples and Pears available daily

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program.



**Classic Cheese Pizza**  
Made w/ Reduced Fat Cheese - Fresh Baked Daily

**Specials:**

- Monday: Sausage Pizza
- Tuesday: Brooklyn Pepperoni Flatbread
- Wednesday: Italian Calzone
- Thursday: Meat lover's Pizza
- Friday: Cheese Stuffed Breadsticks w/Dipping Sauce
- Two Hot Vegetables available daily



**Lean Beef Burgers w/Cheese & Breaded Chicken Sandwiches Available Daily**

**Specials:**

- Monday: Grilled Ham & Cheese Panini
- Tuesday: BBQ Pork Rib on a Bun
- Wednesday: Monte Cristo Panini (Turkey, Ham, Cheese)
- Thursday: Grilled Cheese w/ Bacon Panini
- Friday: Buffalo Chicken Snack Wrap
- Two Hot Vegetables available daily



**Fresh Food Fast- Packaged for Grab N' Go (Salads offered with 2 whole wheat dinner rolls)**

- Monday: Popcorn Chicken Salad or Turkey & Cheese on Wheat Wrap
- Tuesday: Buffalo Chicken Salad or Tuna Salad Sub
- Wednesday: Crunchy Chicken Caesar Salad or Ham & Cheese Wrap
- Thursday: Deli Chef Salad or Chicken Salad Wrap
- Friday: Crunchy Chix Salad or Italian Cold Cut Sub
- Sun Butter & Fluff or Jelly
- on Whole Wheat available daily

**Any questions please call:**  
Kevin Kish  
Director of Dining Services  
978-388-4800 x4339

**Prices**  
Reduced \$0.40  
Paid \$3.00  
Adult \$3.75



# Amesbury Middle School Parent Advisory Group (PAG) 2016-2017 Membership Form

The AMS PAG offers support and advocacy for our kids as they go through their middle school years. By being a member, you will be kept informed (though not inundated) with information on what is going on at Amesbury Middle School and how we can all help to improve our childrens' experiences.

**\*\*Membership is free!\*\***

*Please note: Tax-deductible donations to help support our programs are always welcome!*

**Name:** \_\_\_\_\_ **Returning member?** Yes \_\_\_ No \_\_\_  
**Email address:** \_\_\_\_\_

If you provide your email address, we will keep you informed about school events and activities.

Child's Name: \_\_\_\_\_ Grade: \_\_\_\_\_  
Child's Name: \_\_\_\_\_ Grade: \_\_\_\_\_  
Child's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

There will be a number of opportunities to help with events throughout the year. We will send out messages by email and in the weekly polys to let you know.

- Chaperone for dance/movie nights
- Ticketing/chaperone for Stars on Stage and AMS Idol
- Help with Book Fair and Teacher Appreciation

\*In order to participate in any event involving children, EACH individual must fill out a CORI form (criminal background check). The form may be obtained at the AMS school office.

Please return this completed form to the AMS school office or send an email with the relevant info to [d\\_creps@msn.com](mailto:d_creps@msn.com)

Please visit our Facebook Page  Amesbury Middle School - PAG



# AMESBURY PUBLIC SCHOOLS

## 2016-2017 SCHOOL YEAR CALENDAR



August 2016							September 2016							October 2016						
S	M	T	W	Th	F	Sa	S	M	T	W	Th	F	Sa	S	M	T	W	Th	F	Sa
	1	2	3	4	5						1	V			3	4	PRT	6	7	
	8	9	10	11	12		H	6	7	8	9			H	11	12	13	14		
	15	16	17	18	19			12	13	14	15	16			17	18	19	20	21	
*	22	TI	TI	TI	26			19	20	21	22	23			24	25	26	27	28	
	T	PD	ST					26	27	28	29	30			31					
November 2016							December 2016							January 2017						
S	M	T	W	Th	F	Sa	S	M	T	W	Th	F	Sa	S	M	T	W	Th	F	Sa
		1	2	3	4						1	2			H	3	4	5	6	
	7	PD*	9	10	H			5	6	7	8	9			9	10	PRT	12	13	
	14	15	16	17	18			12	13	14	15	16			H	17	18	19	20	
	21	22	ER	H	V			19	20	21	22	23			23	24	25	26	27	
	28	29	30					V	V	V	V	V			30	31				
February 2017							March 2017							April 2017						
S	M	T	W	Th	F	Sa	S	M	T	W	Th	F	Sa	S	M	T	W	Th	F	Sa
										1	2	3								
			PRT	2	3				6	7	PRT	9	10			3	4	PRT	6	7
	6	7	8	9	10			13	14	15	16	17			10	11	12	13	H	
	13	14	15	16	17			20	21	22	23	24			H	V	V	V	V	
	H	V	V	V	V			27	28	29	30	31			24	25	26	27	28	
	27	28																		
May 2017							June 2017													
S	M	T	W	Th	F	Sa	S	M	T	W	Th	F	Sa							
	1	2	3	4	5						1	2								
	8	9	10	11	12			5	6	7	8	9								
	15	16	17	18	19			12	13	14	15	PD								
	22	23	24	25	26			M	M	M	M	23								
	H	30	31					26	27	28	29	30								

[ ] INDICATES NO SCHOOL

**STUDENT YEAR: 181**

**SCHOOL STARTS: 8/31/16**

**SCHOOL ENDS: 6/15/17 (181<sup>ST</sup> DAY)**

S.C. Approved: 3/7/16\* (calendar updated)

### CALENDAR CODES:

<b>V</b> – School Vacation
<b>TI</b> – New Teacher Induction Days (No School)
<b>H</b> – Holiday (No School)
<b>ER</b> – Early Release Day (See Release Times)
<b>PD</b> – Prof. Dev. (No School)
<b>PRT</b> – Professional Release Time Day (See Release Times)
<b>ST</b> – Student’s First Day
<b>T</b> – Teachers/Staff Only (No School)
<b>M</b> – No School Make-up Days June 16 is scheduled as a professional development day for teachers, per contract. If make up days are needed, this PD day will be extended accordingly.

### SCHOOL HOURS:

### DISMISSAL TIMES

		<b>ER</b>	<b>PRT</b>
7:30-2:30	<b>High School</b>	10:50	12:30
7:40-2:25	<b>Middle School</b>	10:50	12:30
8:30-3:00	<b>Elementary</b>	11:30	1:00

### No School Announcements:

Connect-Ed, WBZ, WCBV, WHDH, and/or Fox 25

**\*Election Days: 9/8/16 – School is Open- voting in AHS gym  
11/8/16 – School is closed – voting AHS cafe**

Disclaimer: In the case of excessive snow days or other reasons to close school, the Superintendent may use the Good Friday no school day as a school day and/or declare school on a Saturday.