



Menu Subject to Change

# SEPTEMBER 2023

Amesbury High School

Chartwells  
Amesbury

Monday

Tuesday

Wednesday

Thursday

Friday



4

5

6

7

1

Nachos  
Lettuce, tomato,  
Cheese, sour cream  
Salsa

Chicken Broccoli  
Alfredo  
Garlic Bread

BBQ Pulled Pork  
Sandwich  
Cornbread  
Crinkle Fries

Mozzarella Filled  
Cheese Sticks  
Marinara Sauce  
Side Salad

11

12

13

14

15

Spicy Chicken  
Sandwich  
  
Curly Fries

Tacos  
Lettuce, tomato,  
Cheese  
Fiesta Rice

Thai Pineapple  
Fried Rice  
Chicken  
Egg Roll

Bacon  
Cheeseburger  
Shoestring  
Fries

French Toast  
Sticks  
Sausage  
Hash Brown Patty

18

19

20

21

22

Popcorn Chicken Bowl  
Mashed Potatoes  
Corn, Gravy  
Cheese

Chicken  
&  
Waffles

Spaghetti, Meat Sauce  
Garlic Bread  
Roasted Green Beans  
& Tomatoes

Chili Cheese  
Dogs  
Seasoned Fries

Mozzarella Filled  
Cheese Sticks  
Marinara Sauce  
Side Salad

25

26

27

28

29

Chicken Parm  
Sandwich  
Cucumber and Green Apple  
Salad

Chicken or Cheese  
Quesadillas  
Sour Cream, Salsa  
Rice and Beans

Homemade  
Mac N Cheese  
Garlic Bread  
Mixed veggies

Turkey, Bacon  
& Cheese Panini  
Fries  
Roasted Green Beans

Waffles  
Sausage  
Blueberries

**Also Available Daily:** Pizza, Chicken Patty, Burgers, Assorted Wraps, Salads and Parfaits

**All Lunches come with milk, fruit and Veggie Choices**

**A la carte snacks may be purchased**



**PAY FOR MEALS ONLINE**  
MySchoolBucks.com