

Wellness Grade Eight

Mrs. Mitchell

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What we will cover this semester:

- Wellness and skills to attain personal health goals
- Healthy relationships
- Decision Making
- Human Sexuality Unit: Teen pregnancy, STI transmission and prevention, Abstinence

What you need: a folder, loose paper, pen/pencil and bring them to every class!!!!

It is part of your grade for the day. You will be asked during attendance "Do you have a 3?" And you will reply with the number of things you have brought to class. For example, if you brought all 3 items then you say "3". If only 2, then "2" and so on. This is part of your overall grade and will determine the difference between an Excellent, Satisfactory or Unsatisfactory grade.

Grading: Your grade will be determined by the following:

1. Your folder and notebook
2. Quizzes and tests at the end of each unit
3. Projects, such as journals, posters, class presentations, role plays

Ground Rules: Our class will run on the basic idea of RESPECT

Raise your hand to speak

One person speaks at a time

No put downs

Be on time and be prepared

Let's work together to be respectful and create a positive atmosphere for learning.

Warning System:

You will receive a warning if you are not following the ground rules. If you receive a second warning you will serve a detention in room 211 with me at an appointed time.

Student signature:

Parent signature: